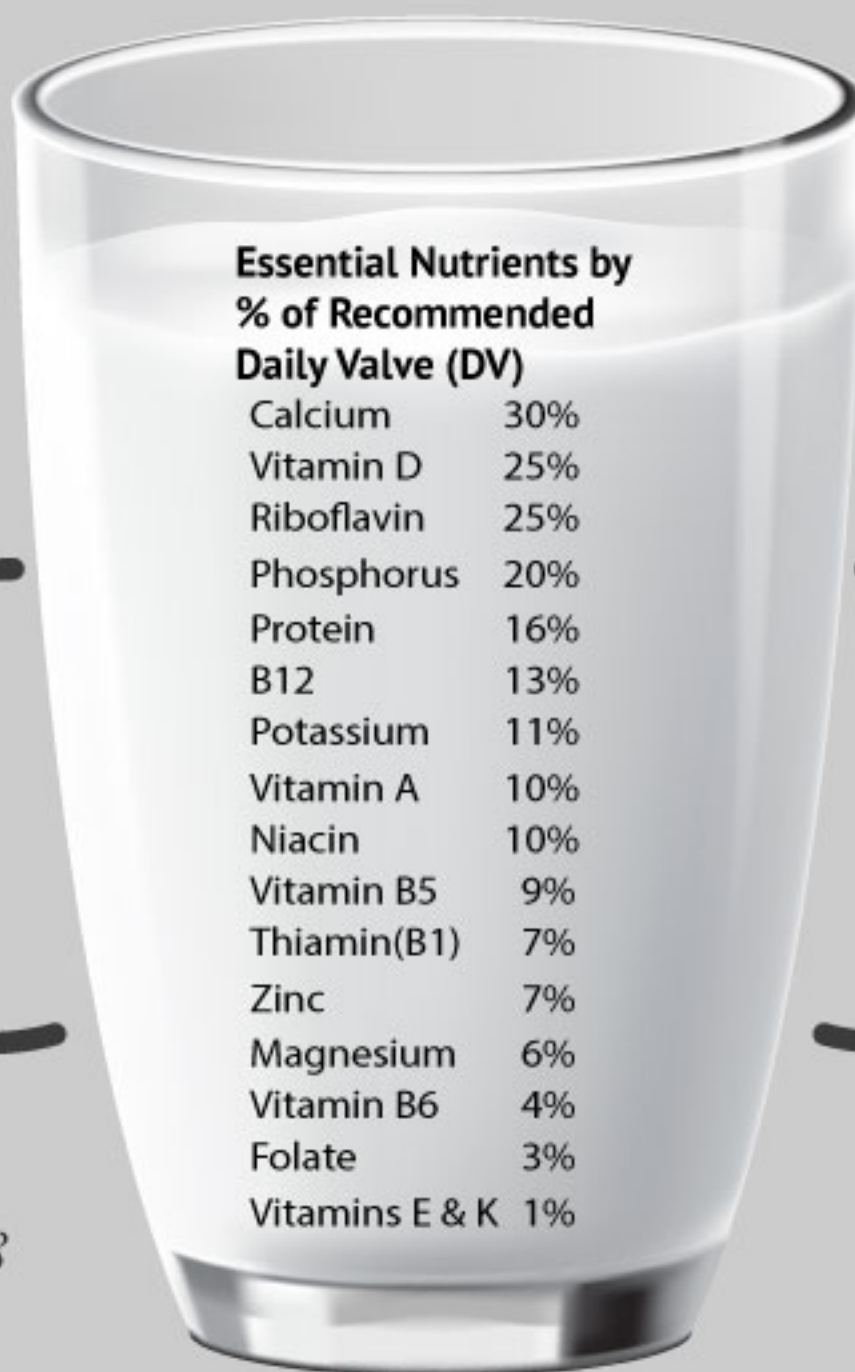


MILK- It packs a powerful nutritional punch, providing protein and fat as well as many key vitamins and minerals.

Dairy Protein is a COMPLETE protein source containing all 9 amino acids!

Dairy Fat is a healthy combination of a saturated, monounsaturated, and polyunsaturated fats, including CLAs and Omegas.

Dairy Carbohydrate is lactose, a natural sugar found naturally in milk at half the amount of natural sugar found in most fruit juices. There are NO added sugars in real dairy milk.



SOURCE: USDA National Nutrient Database for Standard Reference 4/18

8 ounces, 150 calories, delivers:
Protein 3.5%, Fat 3.25%

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